

OVERVIEW OF GRADE 7 SUBJECT CONTENT

SUBJECT	TERM 1	TERM 2	TERM 3
Family and Consumer Management	<p>The Healthy Way: Design Process Food groups Food Nutrients Kitchen Tools and Equipment Weights and Measures Hygiene</p> <ul style="list-style-type: none"> - Kitchen hygiene - Personal hygiene <p>Kitchen Safety Menu Writing Menu Planning- Breakfast Planning</p>	<p>Fibre and Fabric: Define terms related to fabrics Diagram the relationship between fibres yarns and fabrics Classification of natural fibres Identification of fibre Sewing Tools and Equipment</p> <ul style="list-style-type: none"> - Classification of sewing tools and equipment - Uses and care of sewing tools and equipment <p>Basic Stitches Classify Basic stitches Construct various basic stitches The Sewing Machine Use and care</p> <p>Methods of applying simple Surface Designing</p> <ul style="list-style-type: none"> - Embroidery , Appliqué, Painting, Printing, beading - surface designs available for embellishing sewing projects <p>Career opportunities in Textile Industry</p>	<p>The Family and the Community: Definition of the family Characteristics of a healthy family. Types of family seen in the Caribbean and other cultures Roles and Functions Family and Community Resources Goals and Values Definition of goals and attitude Types of Goals Goal setting Definition of Values Sources of Values Formation of Values Decision Making Steps in the decision making process Using the decision making process to make decisions Communication Methods of communicating Barriers to effective communication Use of technology for communication Conflict Resolution Career Awareness Careers in Home Economics Requirements for potential careers</p>