

**OVERVIEW OF SUBJECT CONTENT GRADE 8**

SUBJECT	TERM 1	TERM 2:	TERM 3
	<p><b>Safe Food School Restaurant</b>                      Selection and Storage of Food                      Multi mix Principle.                      Macro and Micronutrients                      Methods of Cooking</p> <ul style="list-style-type: none"> <li>- Classification</li> <li>- Steaming and Frying</li> </ul> <p><b>Meal Planning</b></p> <ul style="list-style-type: none"> <li>- Factors to consider when planning meals</li> <li>- Factors affecting meal planning</li> <li>- Packed Lunches</li> </ul> <p>Using a Recipe                      Cake Making</p> <ul style="list-style-type: none"> <li>- Rub-in Method</li> </ul>	<p><b>Clothing Decisions</b></p> <ul style="list-style-type: none"> <li>- Reasons for wearing clothes</li> <li>- Interpreting clothing messages</li> </ul> <p><b>Wardrobe Planning</b></p> <ul style="list-style-type: none"> <li>- Importance of wardrobe planning</li> <li>- Wardrobe inventory</li> </ul> <p><b>Clothing Purchase</b></p> <ul style="list-style-type: none"> <li>- Factors Involved in</li> <li>- Where to shop</li> </ul> <p><b>Clothing Care</b></p> <ul style="list-style-type: none"> <li>- Daily clothing care</li> <li>- Clothing repair techniques</li> </ul> <p><b>The Serger Machine</b>  <i>The Serger machine</i></p> <ul style="list-style-type: none"> <li>- Parts of serger machine</li> <li>- Threading</li> <li>- Use and Care of Serger machine</li> </ul> <p><b>Seaming techniques</b>  <i>plain double</i></p> <p><b>Taking body measurements</b></p> <p><b>Fibre and fabric</b></p> <ul style="list-style-type: none"> <li>- Man-made <i>polyester, acetate, nylon</i></li> </ul> <p><b>Career Possibilities</b>  <i>presentation</i></p>	<p><b>Processes of Management</b></p> <ul style="list-style-type: none"> <li>- Resources of Management</li> <li>- Time Management</li> </ul> <p><b>Work Simplification</b></p> <ul style="list-style-type: none"> <li>- Work Simplification Techniques</li> </ul> <p><b>Money Management</b></p> <ul style="list-style-type: none"> <li>- Fixed and Variable expenses</li> <li>- Reasons for preparing a budget</li> <li>- Steps in preparing a budget</li> </ul> <p><b>Consumer Education</b></p> <ul style="list-style-type: none"> <li>- Factors that determine consumer wants and needs</li> <li>- Methods of payment for goods and services</li> <li>- Consumer rights and responsibilities</li> <li>- Consumer credit – forms of credit</li> </ul> <p><b>Advertising</b></p> <ul style="list-style-type: none"> <li>- Purpose and Methods of advertising</li> <li>- Advertising Techniques</li> <li>- Effects of Advertising on the consumer and manufacturer</li> <li>- Analyse advertisements</li> <li>- Career Pathways</li> </ul>